

Sealy High School

2026

Cross Country Schedule



Date	Meet	Location	Time
Aug 14	Friday Night Lights	Sealy	4:30 pm
Aug 22	Coach Giese XC Meet	College Station	8:30 am
Aug 28	Practice Meet	Sealy	TBD
Sept 5	Regional Preview	Huntsville	8 am
Sept 11	Galveston Beach Run (15 top runners)	Galveston	9 am
Sept 18	Hoka Invitational (Varsity only)	Settlers Park	8 am
Sept 19	Coach Ed XC Meet	Sealy	8 am
Sept 25	Grit & Glory Invitational	Sugarland	8 am
Oct 3rd	Shiner	Shiner	8 am
Oct 14	District 25-4A	Sealy	9 am
Oct 26	Region 4A Meet	Huntsville	TBA
Nov 6	4A State Meet	Round Rock	TBA

Head Coach Danielle Eschenburg

Assistant Coach Valentine Eschenburg